Ashley College Curriculum	Subject: PSHCE						Teacher: A Mika	
Groups	Brief/ Heading from subject LTPs						Subject Intent	Syllabus/ exam board qualification Suggested reading/text books
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2		
KS3	**Health and wellbeing/Relationships** Misogyny Child on Child Abuse Healthy and unhealthy friendships Assertiveness and gang exploitation Peer influence, substance use and gangs and bullying Grooming and cyber safety	**Living in the Wider World** Enterprise skills and introduction to careers Challenging career stereotypes and raising aspirations Developing skills and aspirations Setting goals Learning strengths, career options and goal setting as part of the GCSE options process Equality of opportunity in careers and life choices, and different types and patterns of work Personal safety including road/transport safety **Images of different races and sexes doing a range of careers including those that are aspirational – careers displays are to be linked to learning in the classroom.**	**Living in the Wider World –** Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia Diversity, prejudice, and bullying, child on child abuse The precious liberties enjoyed by the citizens of the United Kingdom The nature of rules and laws and the justice system, including the role of the police and the operation of courts and tribunals Addressing extremism and radicalisation FGM	**Sex and relationships** SRE Building relationships Self-worth, romance and friendships (including online) and relationship boundaries **Delivered by Brooke – includes the gender stereotypes sessions**	**Health and wellbeing** Mental health and emotional wellbeing, including body image and media reliability and coping strategies Puberty Influences on health - Diet, exercise, lifestyle balance and healthy choices Alcohol and drug misuse and pressures relating to drug use **Link MH to microaggressions and racism and the effect over time** **Make point that different races have different bodies – tell story of friend's daughter with 'obese' BMI because she had more muscle/bone density due to her ethnicity!**	**Living in the wider world/Health and Wellbeing** Planning and carrying out an enterprise project Transition of key stages and changes **include how to deal with racist or sexist incidents that you observe** First Aid **Ensure that misogyny training is completed by the students**	By teaching pupils to stay safe and healthy, and by building self-esteem, self-awareness, confidence, resilience and empathy, our effective PSHE programme is designed to tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged pupils.	AQA awards – L1/2 as a guide
Cross curricular reference	**Assembly**: child on child abuse assembly	**PSHCE** Challenging career stereotypes and raising aspirations	**English** Links to Tempest in English -	**English** Links to Romeo and Juliet in English – age of consent	**Food** Diet, exercise, lifestyle balance and healthy choices	**Innovation week** Planning and carrying out an enterprise project		

	Science: substances misuse **English** Body image – links to Autumn 2 texts studied in English **Maths** Include percentages and data for maths (Aut 2 – fractions and percentages) – always link to "Why?" How do we know? **Critical thinking** Scientifically way of working – question the evidence in front of you – how can you prove it?	**REP** Autumn 1 Stereotypes and media. **Maths** Include percentages and data for maths (Aut 2 – fractions and percentages) – always link to "Why?" How do we know? **Science** Scientific way of working – question the evidence in front of you – how can you prove it	diversity and immigration **PSHCE** Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia The precious liberties enjoyed by the citizens of the United Kingdom British values Autumn 1 Addressing extremism and radicalisation Diversity, prejudice, and bullying, child on child abuse **REP** Racism in REP Autumn 1 **Maths** Include percentages and data for maths – always link to "Why?" How do we know?	and relationship dynamics **Maths** Include percentages and data for maths – always link to "Why?" How do we know? **Science** Scientifically way of working – question the evidence in front of you – how can you prove it	(covered in Key Stage 3 **food, wellbeing, assemblies and PE)** **Maths** Include percentages and data for maths – always link to "Why?" How do we know? **Science:** Puberty Scientifically way of working – question the evidence in front of you – how can you prove it	links to innovation week **Maths** Include percentages and data for maths – always link to "Why?" How do we know? **Science** Scientifically way of working – question the evidence in front of you – how can you prove it		

KS4	Yr10	**Health and wellbeing** Promoting self-esteem – body image **draws out pressure on females** Transition to key stage 4 and developing positive study habits Mental health - stigma, safeguarding health, including during periods of transition or change **(impact of microaggressions on mental health)** Child on child abuse	**Relationships/Health and wellbeing** Managing romantic relationship challenges including break ups Child on child abuse Families and parenting, healthy relationships, conflict resolution, and relationship **changes differences in opinion based on cultural background and upbringing – encourage them to talk respectfully about different belief systems** Managing change, grief and bereavement Drug/substance misuse **– be wary of any negative imagery here that stereotypes a particular group** E safety **– link to racism and misogyny**	**Living in the wider world** Politics Government systems beyond the UK UK relationships with Europe and the wider world Parliamentary democracy Electoral systems The legal system in the UK, different sources of law and how the law helps society deal with complex problems **Disproportionate prison statistics** **Debate opportunity: How should the government lead on an anti-racist, gender balanced agenda?**	**Sex and relationships** Sex education including contraception Child on child abuse E safety **to include misogyny and racism**	**Living in the wider world** **Diversity, respect and understanding** Child on child abuse Addressing extremism and radicalisation **include Muslim hate** Communities, belonging and challenging extremism **Link to Muslim hate** Human rights and international law FGM Exploring the influence of the media and E safety **including racism**	**Living in the wider world** Work Experience, Evaluation of work experience and readiness for work. **Use this to challenge gender stereotypes e.g. women in construction** Careers **– link to gender pay gap** Financial decision making - income and expenditure, credit and debt, insurance, savings and pensions, financial products and risks of gambling First Aid		
	Cross curricular reference	**English** Mind maps **Maths** Low stake quizzing (5 a day for memory) **Science** Use of flashcards and spacing technique	**Science** Link to use of drugs / alcohol with reaction time and road safety Autumn 1 **Assembly** on drug/substance usage	**Citizenship:** clear GCSE course links	**Science:** Link to use of drugs / alcohol with reaction time and road safety Autumn 1	**Citizenship:** Influence and usage of media in Citizenship GCSE course	**FS** Income and expenditure, credit and debt, insurance, savings and pensions, financial products **Maths** Unit - 1 Number and Calculations and Unit 9 Fractions and percentages **Drama** - rule of law Autumn 2		

	Yr11	**Health and wellbeing** Promoting self-esteem – body image Personal values and assertiveness Learning and revision skills Building for the future and mental health Stress management and identifying signs of poor mental health **discuss microaggressions and the build-up over time and how we can all challenge these**	**Living in the wider world - careers** College/Apprenticeships application process Skills for employment and career progression – **ensure there are enough examples of diversity in the career's images around school** Promoting self-esteem and building for the future and mental health E safety **including misogyny**	**Sex and relationships** Communication in relationships Intimate relationships Responsible health choices Child on child abuse	**Sex and relationships** Contraception Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to **pornography link to gender balanced approach** E safety link to **LGTBQ +**	**Living in wider world** Human rights and international law **link to racism and sexism** Other systems and forms of government Challenging extremism and radicalisation **include anti Muslim hate** FGM Safety in independent contexts	First Aid/additional SRE offered online after Yr 11 leave date		
	Cross curricular reference	Parental relationships in English Autumn 1	Proofreading CV and letter – same term Autumn 2 in English			Debating genetic engineering and phone masts – safety - in Science Spring 1			